

General Announcements at the Retreat

1. Please practice Sai-Lence in group setting, particularly Prayer Hall.
2. Our goal at every retreat is to know at least 10 new Sai Brother or Sisters. Make sure you reach your goal.
3. Retreat Badges must be displayed at all times in the Sai Camp.
4. Registration of the Daily Attendees is Mandatory unless you have signed up for the entire conference and retreat. Please contact the Registration Desk for a Badge.
5. Badges /Lanyards **need not** be returned after the Retreat.
6. Badges and Meal Tickets are absolutely necessary to obtain Meals at the Dining Hall. If tickets are not already purchased, it can be done so at the registration desk.
7. Lost meal tickets should be reported to registration for proper replacement.
8. Please use the North Side entrance of the dining hall during the Meal Hours. There is one door for Entry and other for Exit
9. Light Snacks, Fruits, Coffee, Tea, Juice is available in the Dining Hall all day until Dinner for everyone. That includes daily visitors or attendees staying in tents or campers and RV's. Meal ticket is not required for food between Breakfast, Lunch and Dinner; Please display your badge while entering the Dining Hall during such time.
10. Breakfast window is for 1 Hr, **Lunch is 1 hr 15 minutes** and Dinner is 1.30 hours.
11. Dining Hall volunteers should be at the Dining Hall 30 Min before the session
12. THE VOLUNTEERS FROM THE REGION ALLOCATED is given priority to serve.
13. Because of lot of registrations, the Dining Hall Manager will balance the allocation between Region/Centers, Ladies, and Men etc... If not chosen to serve, then aspirants be available for clean up after each session.
14. Recycling is strongly encouraged. Use the appropriate bins for disposal.
15. If you need to refrigerate personal items then please use the Refrigerators in Ruth Lodge for Women or Liebow Lodge for Men.
16. If you use the dining hall, please make sure you clean up the place after use.
17. Please put the chairs back in order.

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18. SSE Children should be picked up and dropped off by the Parents in time for Meals and for the next SSE sessions. Details are in the SSE Guidelines document.
19. Camp Light's out at 10:00PM- Parents, please make sure the children not allowed in public areas after 10:00PM.
20. Camp Site Rules state that the Swimming Pool is out of bounds for all attending the Retreat (that means Adults and Children alike). There will be no exceptions.
21. Please park Automobiles in the designated parking areas. Only Authorized Vehicles will be allowed to be driven within the Camp Site.
22. Transportation to and from prayer hall to dining hall is available for seniors and anyone with special needs, upon request. Please contact any of the Volunteers. Also, anyone needing ride from the Men's Lodge may contact the Service Desk.
23. Use Footwear Management Facility near the prayer hall. Please exercise patience while checking in / out your footwear.
24. Any issue with the facilities may be brought to attention at the Service Desk as soon as it is identified, so that the issue may be rectified by the camp authorities. The Camp Director and the Maintenance People will be available all weekend to help with any issues with the facilities.
25. If you notice any place of stay is dusty or should be clean, either contact a service volunteer for help or by all means do the right thing "Clean it so others may enjoy the cleanliness"
26. CD's /MP3 of all events will be available at the Sai Book Store for purchase. It will be released to the Sai Publications (a.k.a Book Store) as soon as possible once each of the events is complete. The Sai Publications is located at the Arts and Craft Center Building
27. Health Camp & Bone Marrow Registration: There will be FREE Health Screening and Health Education services provided Saturday through Monday.
 - a. **Health Screening** will focus on blood pressure check, blood glucose (fasting or non-fasting) and Cholesterol checks.
 - b. **Health Education** will focus on Preventive Health.
 - i. Timings of Health Camp:
 - **06:30 AM – 07:30 AM - Saturday, Sunday, and Monday**
 - **Noon – 1:30 PM - Saturday and Sunday**
 - **06:00 PM – 07:30 PM - Saturday and Sunday**
 - There will be a National Bone Marrow registration drive held on both Saturday and Sunday, located in Cabin #12.

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- The BM registration timings will be the same as the medical camp timings
- Bone marrow is used to extend the lives of those suffering from cancer and blood diseases. Our target is to get as many South Asians as possible to register!

28. Workshop Locations:

Prayer Hall: Dr & Mrs Samuel Sandweiss: Practicing Divine Love in Daily Life
 Ruth Lodge Foyer: Ted Henry: Sharing Sai Message of Love in the Community
 SSE Hall: Regional Officers: Transformation through S.A.I
 Pioneer Lodge: YA: Developing and Practicing Self-Confidence

29. Your Feedback is very important. If you are in for even just one day here at the retreat, please take the time to submit the Retreat Feedback online. *Please do write in statements or paragraphs explaining the positives, negatives as well as constructive upgrades that could be expected in the next year retreat.*

FOR MC Purposes Only:

Cross Reference Sheet of Camp Names and SAI Retreat Names:

CAMP HENRY HORNER NAME	SAI RETREAT NAME
REC HALL OR AUDITORIUM	PRAYER HALL
STIEN LODGE OR NURSE QTRS	REGISTRATION DESK
CABIN 12	MEDICAL CAMP
ARTS AND CRAFTS	BOOK STORE
PIONEER LODGE	YA WORKSHOP
NEW HALL NEAR LIEBOW	SSE HALL
NEW ARTS AND CRAFTS NEAR LIEBOW	SSE PREP HALL
LIEBOW LODGE	MENS ACCOMODATIONS
RUTH LODGE	WOMENS ACCOMODATIONS
DRESSLER LODGE	WOMENS ACCOMODATIONS
CHILDREN ACTIVITIES	CANOE, HIGH ROPES & ARCHERY